

Middlesex University Research Repository

An open access repository of
Middlesex University research

<http://eprints.mdx.ac.uk>

Parmar, Nimai ORCID: <https://orcid.org/0000-0001-5540-123X>, James, Nic ORCID:
<https://orcid.org/0000-0002-4181-9501>, Hughes, Mike, Jones, Huw ORCID:
<https://orcid.org/0000-0003-0024-864X> and Hearne, Gary ORCID:
<https://orcid.org/0000-0003-2146-4878> (2017) Team performance indicators that predict match
outcome and points difference in professional rugby league. *International Journal of
Performance Analysis in Sport*, 17 (6) . pp. 1044-1056. ISSN 2474-8668 [Article]
(doi:10.1080/24748668.2017.1419409)

Final accepted version (with author's formatting)

This version is available at: <https://eprints.mdx.ac.uk/23382/>

Copyright:

Middlesex University Research Repository makes the University's research available electronically.

Copyright and moral rights to this work are retained by the author and/or other copyright owners unless otherwise stated. The work is supplied on the understanding that any use for commercial gain is strictly forbidden. A copy may be downloaded for personal, non-commercial, research or study without prior permission and without charge.

Works, including theses and research projects, may not be reproduced in any format or medium, or extensive quotations taken from them, or their content changed in any way, without first obtaining permission in writing from the copyright holder(s). They may not be sold or exploited commercially in any format or medium without the prior written permission of the copyright holder(s).

Full bibliographic details must be given when referring to, or quoting from full items including the author's name, the title of the work, publication details where relevant (place, publisher, date), pagination, and for theses or dissertations the awarding institution, the degree type awarded, and the date of the award.

If you believe that any material held in the repository infringes copyright law, please contact the Repository Team at Middlesex University via the following email address:

eprints@mdx.ac.uk

The item will be removed from the repository while any claim is being investigated.

See also repository copyright: re-use policy: <http://eprints.mdx.ac.uk/policies.html#copy>

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

Team performance indicators that predict match outcome and points difference in professional rugby league

Nimai Parmar^{a*}, Nic James^a, Mike Hughes^b, Huw Jones^c and Gary Hearn^d

^a London Sport Institute, Faculty of Science and Technology, Middlesex University, London, UK.

^b Centre for Performance Analysis, ITC, Carlow, Ireland

^c Natural Sciences, Faculty of Science and Technology, Middlesex University, London, UK

^d Design Engineering & Mathematics, Faculty of Science and Technology, Middlesex University, London, UK.

**N.Parmar@mdx.ac.uk*

Team performance indicators that predict match outcome and points difference in professional rugby league

Performance indicators allow for the objective quantification of performance (Vogelbein, Nopp & Hokelmann, 2014), however, limited PI research for professional rugby league exists (Cupples & O'Connor, 2011). Therefore, this paper assessed twenty-four relative variables (home value minus away) from all 27 rounds of the 2012, 2013 and 2014 European Super League seasons, collected by Opta, amounting to 567 matches. Backwards logistic (match outcome) and linear (points difference) regression models were used alongside exhaustive Chi-Square Automatic Interaction Detection (CHAID) decision trees to identify performance indicators (PIs) and key performance indicators (KPIs). Teams had a higher chance of winning and would gain more points when they scored first (OR=1.6, β =2.4) and increased completed sets (OR=1.2, β =1.2) by one unit. Conversely, teams had a lower chance of winning when they increased scoots (OR=0.9, β = -0.2). However, some variables which were thought to be important (as identified by previous literature) were removed from the analysis thus calling into question the appropriateness of stepwise methods. Future research may consider utilising dimension reduction techniques when analysing large datasets that encompass multiple variables.

Keywords: performance indicators, rugby league, regression, decision trees.

Introduction

Gabbett (2005) recommended performance analysis as a technique for understanding rugby league (RL) although there is little research evidence to support this conjecture. Most research in RL has focused on anthropometric and physiological qualities of players (Morgan & Callister, 2011), physical collisions and injury rates (Gabbett, Jenkins & Abernethy, 2011) and time-motion analysis (Twist, Highton, Waldron, Edwards, Austin & Gabbett, 2014). Kempton, Kennedy and Coutts (2016) used PA to show that possessions which began closer to the opponent's try line, gained more points compared to regaining the ball in other areas (see also Reep & Benjamin, 1968).

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

Cupples and O'Connor (2011) qualitatively determined position specific PIs in Australian elite youth rugby league using the Delphi method to categorise coaches' answers to questionnaires.

Hughes and Bartlett (2002, p.739) defined a performance indicator as "...a selection, or combination, of action variables that aims to define some or all aspects of a performance". PIs are thought to facilitate the objective quantification of performance (Vogelbein, Nopp & Hokelmann, 2014) where analysts and coaching staff can use them either comparatively i.e. with opponents or past performances, or in isolation (Hughes and Bartlett, 2002). By reporting or analysing data without context the results and interpretation of data is limited and can sometimes be misleading (Hughes and Bartlett, 2002). Similarly, converting absolute data to relative can provide a better understanding of the difference between two team's performances, known as "descriptive conversion" (Ofoghi, Zeleznikow, MacMahon and Raab, 2013). Robertson, Back and Bartlett (2016) advocated this method for preparing for matches by including the opposition in the analysis; although it is more common for research papers to use absolute values (e.g. Higham, Hopkins, Pyne & Anson, 2014a; Lago-Penas, Lago-Ballesteros & Rey, 2011; Villarejo, Palao, Ortega, Gomez-Ruano & Kraak, 2015).

Whilst Hughes and Bartlett's (2002) paper has been widely viewed (18,050 views on Journal of Sports Sciences website, 21/10/2017) and cited (258 citations, Web of Science, 21/10/2017) it appears that their suggestion of providing context to an action variable to enable it to be a performance indicator have been interpreted differently.

Action variables have been described as PIs when they had not been contextualised (Kajmovic, Kapur, Radjo, & Mekic, 2014; Scholes & Shafizadeh, 2014; Villarejo, Palao, Ortega, Gomez-Ruano & Kraak, 2015), context provided for some not all (Campos, Stanganelli, Campos, Pasquarelli & Gomez, 2014; Carroll 2013; Castellano &

1 Casamichana, 2015; Castellano, Casamichana & Lago 2012; Graham & Mayberry, 2014;
2 Higham, Hopkins, Pyne & Anson, 2014a; Higham, Hopkins, Anson & Pyne, 2014b; Lago-
3 Penas, Lago-Ballesteros & Rey, 2011; Meletakos, Vagenas & Bavios, 2011; Najdan,
4 Robins & Glazier, 2014; Vahed, Kraak & Venter, 2014) or correctly labelled (Robertson,
5 Back & Bartlett, 2016; Robertson, Gupta & McIntosh, 2016). O'Donoghue (2008)
6 suggested key performance indicators had higher correlations with principal components;
7 Bremner, Robinson & Williams (2013) suggested they were more significantly related to
8 success and Shafizadeh, Taylor & Penas (2013) provided no definition or evidence. This
9 paper will consistently define performance variables as either 1) an action variable that
10 has not been contextualised; 2) a PI, a variable that has been contextualised and can
11 therefore be informative of performance; 3) a key PI, a variable that is associated with
12 successful or unsuccessful performances (e.g. correlation coefficient between >0.3 ,
13 effect size >0.5 , or $p<0.05$).

14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32 Sports performance has consistently been shown to be affected by contextual
33 variables. For example, Harrop and Nevill (2014) found that League One soccer teams
34 were 80% less likely to win playing away than playing at home. Similarly, team and
35 opposition quality have been found to have an important influence on performance
36 (Castellano & Casamichana, 2015; Jones, James & Mellalieu, 2004; Lago, 2009; Lago-
37 Penas & Dellal, 2010; Lago-Penas, Lago-Ballesteros & Rey, 2011; Taylor, Mellalieu,
38 James & Shearer, 2008; Vogelbein, Nopp & Hokelmann, 2014). Team quality has often
39 been categorised using the previous season's final league position with teams then
40 categorised as strong, weak, top 3, bottom 3 etc. and has been shown to influence match
41 difficulty in rugby union (Robertson & Joyce, 2015). However, Carling, Wright, Nelson
42 and Bradley (2014) suggested that this method could be considered arbitrary or unfair as
43 teams could, for example, miss being classified as a strong team by just a few points,
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1 despite having been in the top three for the majority of the season. They suggested using
2 league ranking (ordinal measure), at the time a match was played, as a more indicative
3
4 measure of a team's current performance.
5
6

7 Logistic regression has been used to determine PIs in Australian rules football
8
9 (Robertson, Back & Bartlett, 2016), match difficulty in rugby union (Robertson &
10
11 Joyce, 2015) and PIs in soccer (Harrop & Nevill, 2014). The odds ratio provides a
12
13 measure of how performance on each variable effects the chances of winning when the
14
15 variable increases by one unit. The disadvantage of this approach is that the dependent
16
17 variable, match outcome, is dichotomous (win or loss) and does not distinguish between
18
19 small and large wins, potentially very different matches in terms of performances.
20
21

22
23 Alternatively, the final points difference has been used to categorise teams according to
24
25 whether games have been closely contested or not (Gomez, Lorenzo, Sampaio, Ibanez
26
27 & Ortega, 2008; Sampaio & Janiera, 2003; Ziv, Lidor & Arnon, 2010) but has had little
28
29 use in PI research. This study will use both linear and logistic regression models and
30
31 decision trees to assess their relative worth in providing meaningful, objective
32
33 performance indicators for professional rugby league in the UK.
34
35
36
37
38
39
40

41 **Methods**

42 *Sample*

43
44 Data were provided in spreadsheets (Excel v2013, Microsoft Inc., Redmond, USA) by
45
46 Opta from 567 matches played in the 27 rounds of the 2012, 2013 and 2014 European
47
48 Super League seasons. These were extracted for analysis using Visual Basic for
49
50 Applications in Microsoft Excel. To enable clear comparisons between winning and
51
52 losing teams, draws (n=22) were excluded. Ethical approval was granted by a
53
54
55
56
57
58
59 University Ethics Sub-Committee.
60
61
62
63
64
65

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55

Form variables

The relative form differential between the home and away teams was assessed using 5 measures of form for each individual game. Five game form (points gained in the previous 5 games) was calculated using the home team's points minus the away team's. Similarly, current league form was calculated in the same way using total points gained during the season. Three further form measures used league position which meant that low values equated to higher form. Hence, end of current season league position, previous season league position and average of past 3 season's league position were calculated using the away team's score minus the home teams to ensure that all form values consistently attributed positive values to the home team having better form and negative values when the away team had better form.

56
57
58
59
60
61
62
63
64
65

Action variables

Relative (home minus away) frequencies for all action variables were used as the predictor variables. Field (2009, p.212) suggested a need for some rationale for the inclusion of variables into a regression analysis, if the correlation coefficient, in relation to point's difference, was >0.3 (a medium effect size; Cohen, 1992). Twenty-four variables were therefore selected: score first, plays, time in possession, total sets, completed sets, tackles, missed tackles, play the ball, quick play the ball, carries, metres gained, breaks, support carry, dominant carry, tackle bust, supported break, successful pass, unsuccessful pass, total passes, successful collections, first carry, first carry metres, scoot and scoot metres.

TABLE 1 NEAR HERE

Collinearity diagnostics were then performed to remove variables that had high multicollinearity i.e. tolerance values <1 and variance inflation factor (VIF) values >10

1 (Field, 2009). Variables that had multicollinearity issues such as plays (VIF= 125.24),
2 total sets (VIF= 19.78), tackle busts (VIF= 116.70) and play the ball (VIF= 88.53) were
3 removed as their variation could be better explained by other variables in the dataset,
4 therefore leaving the relative frequency of 20 action variables for analysis.
5
6
7
8
9

10 ***Statistics***

11 All data were analysed using IBM SPSS Statistics package (v21, IBM Corp., New
12 York, USA). Backwards logistic and linear regression models, as recommended for
13 sport performance research by Atkinson and Nevill (2001, p.817) were used on the 2012
14 and 2103 data. Standardized residuals were analysed to ensure no bias in the models
15 (both deemed acceptable according to Field, 2009, p.293). VIF (<4.70) and Tolerance
16 levels (>.21) did not indicate any collinearity issues (Field (2009, p.242). Cook's
17 distances were analysed to ensure values were <1 (Field, 2009, p.293 and leverage and
18 DFBeta values were <1 and indicated no cause for concern (Field, 2009, p.293). Cases
19 having residual values >3 (Field, 2009, p.293) were investigated. Cross-validation,
20 using the 2014 data (Field, 2009, p.222) assessed the fit of each model. An exhaustive
21 CHAID decision tree was also grown using win/loss as the binary response variable.
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40

41 **Results**

42 ***Logistic Regression***

43
44
45 Backwards logistic regression removed the least important variables sequentially based
46 on the likelihood-ratio for each variable (Field 2009, p.272) resulting in relative
47 frequencies for 11 action variables in the final model, correctly classifying match
48 outcome 91% of the time (Table 2). The model predicted that if the home team scored
49 first the likelihood of winning was 74.4% (OR=2.91) whereas finishing the previous
50 season one position lower than an opponent equated to a probability of winning of
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

44.0% (OR=0.88).

Table 2 near here

When the 2014 data was used to cross-validate the model using the 11 retained variables, match outcome was correctly classified 92.2% of the time.

Residual analysis

Four outliers were identified in the residual analysis (Table 3) and all incorrectly classified as home team losses. In each game, 5 (n=2) or 6 (n=2) variables contradicted the usual relationship with match outcome with the away team always gaining the most metres even though the home team won the game.

Table 3 near here

Linear Regression

A backwards stepwise linear regression removed the least important variables sequentially based on the significance value of the t-test statistic for each variable (Field 2009, p.213). The final model retained the relative frequencies for 10 action variables (Table 4) which explained 86.5% of the variation in points difference. If the effects of all other predictors were held constant (Field, 2009) then an additional completed set for the home team would be predicted to increase the points difference by 1.2 points.

Table 4 near here

Comparison of the regression models

Thirteen variables were identified as key performance indicators and three as performance indicators, a summary of both regression models can be seen in Table 5.

Table 5 near here

Exhaustive chi-square automatic interaction detection (CHAID) decision trees

A machine learning (data mining) technique was adopted to create a decision tree model that could best predict winning and losing from a training sample of 75% (85.4% accuracy; Figure 1), and cross-validated against a test sample of 25% of the data (85.5% accuracy). If relative metres gained values were not extreme i.e. <259 or >-258, the home team were 60.9% likely to win, this rose to 78% if they matched or outperformed their opposition on the number of completed sets but rose to 91.8% if the home team outperformed their opponents by 25 or more first carry metres,

Discussion

Mackenzie and Cushion (2013) identified a ‘theory-practice gap’, arguing that previous performance analysis research in soccer had a lack of transferability and that investigations had little or no relevance to practitioners in sport. They suggested that the aim of this type of research should be for practitioners to utilise the results to improve performance. Three statistical approaches were compared to determine KPIs that predicted either match outcome or points difference in rugby league. Match outcome (win or lose) had the advantage of simplicity, with the relatively uncommon draw, excluded as it did not distinguish good or bad performance. Points difference had the advantage of delineating performances on a linear ratio scale from very poor to very good. The two regression analyses provided concordant (5 common variables) and discordant (5 variables unique to each) results which were not straightforward to

1 understand, particularly for coaches and players without statistical expertise. In contrast,
2 the CHAID decision trees presented a simple, understandable message which lacked
3
4 the, arguably, necessary detail to be practically informative.
5
6

7 Previous research indicated that scoring first could help increase a team's
8
9 chances of winning in soccer (Garcia-Rubio, Gomez, Lago-Penas & Ibanez, 2015;
10
11 Pratas, Volossovitch & Carita, 2016), hockey (Jones, 2009) and basketball (Courneya,
12
13 1990). However, as rugby league is a high scoring sport, it would be logical to assume
14
15 that scoring first would not be as important a factor in determining whether a team won
16
17 or lost as for low scoring sports. However, both regression results showed this variable
18
19 to be the most important predictor, indicating that scoring first increased the chances of
20
21 winning significantly. However, caution is necessary when interpreting this result as the
22
23 odds ratio had confidence intervals between 1.2 and 7.1. Within a large sample of
24
25 matches, there would be instances of matches won easily by a superior team who more
26
27 often than not scored first and won (high odds ratio for scoring first resulting in a win
28
29 i.e. 7.1, upper confidence limit). Conversely, there would be matches where two evenly
30
31 matched teams could either score first and win or lose (odds ratio would be
32
33 approximately 1 i.e. 50:50 chance). Assuming a fairly normal distribution, all other
34
35 matches would be distributed between these two situations resulting in an overall
36
37 average probability of scoring first resulting in a win of about 75%. This pretty much
38
39 matches the result found (74.4%). It is therefore suggested that when interpreting a
40
41 regression analysis the confidence limits should be considered, rather than the single
42
43 beta coefficient or odds ratio, as these reflect the range of values evident within the data
44
45 set.
46
47
48
49
50
51
52
53
54
55

56 The other concordant findings from the regression analyses could be categorised
57
58 as relative measures of factors that could be labelled "form" (current season final league
59
60
61
62
63
64
65

1 position), “amount of possession” (completed sets and metres gained) and “quick plays”
2 (scoots i.e. a direct carry at the onset of a possession). Form has previously been shown
3
4 to be an indicator of success in rugby league (league finishing position; Gabbett, 2014)
5
6 although Carling, Wright, Nelson and Bradley (2014) suggested that the best measure of
7
8 form might be the cumulative number of points gained at the time a game was played
9
10 (identified as significant in the linear regression results). This study used five measures
11
12 of relative form, which were proxy measures for the difference between the two teams
13
14 in terms of quality. The results suggested that relative form did influence match
15
16 outcome although the measures used here should only be considered as approximations
17
18 of the true difference in team form. This is because many factors contribute to team
19
20 form and are usually not accounted for e.g. absence of significant players, and others
21
22 typically not available to researchers e.g. lack of motivation.
23
24
25
26
27
28

29 A team can only score if they have possession of the ball and an obvious
30
31 predictor of scoring was therefore the amount of possession. However, having
32
33 possession does not necessarily mean a team will score, as often happens in soccer. In
34
35 rugby league if a team scores the next play requires the opposition to kick the ball back
36
37 to the scoring team which implies that a winning team would have more possessions
38
39 than the losing one. The relative frequencies of a number of action variables were
40
41 highly correlated with time in possession, such as number of passes, carries, sets etc.
42
43
44 This complicated the results as the regression methods used here removed variables that
45
46 did not significantly add to the prediction of the dependent variable. This meant that
47
48 many variables related to the amount of possession, and correlated highly with match
49
50 outcome, were not included in the final model. For example, breaks was removed by the
51
52 logistic regression despite previous research in rugby union (Diedrick and Van Rooyen,
53
54 2011) suggesting that 51% of tries resulted from breaks. However, the goal of the
55
56
57
58
59
60
61
62
63
64
65

1 regression techniques used here, was to minimise the number of explanatory variables
2 in a model. This had the advantage of being simple and could identify the most
3 important variables from many, potentially less useful, ones. However, this reductionist
4 method could also give a misleading account of which variables were important as the
5 non-inclusion of breaks in the model exemplifies. One solution to this paradox could be
6 the utilisation of a dimension reduction technique such as principal component analysis.
7 This technique groups similar variables together into one component facilitating both
8 the simplicity of reduced variables, whilst retaining the complexity of many variables.

9
10
11
12
13
14
15
16
17
18
19 The regression models agreed that scoots significantly predicted match
20 outcomes. Whilst this variable may be associated with a quick play, it is an alternative
21 to passing the ball at the outset of a possession, it is a relatively small aspect of
22 performance but unrelated to variables associated to the amount of possession. Both
23 models suggested that increasing the number of scoots reduced the probability of
24 winning i.e. by inference passing the ball was the superior option. However, both
25 models equated changes in the number of scoots to marginal differences in game
26 outcome since the regression equation values relate to the probability of changing the
27 outcome (match outcome or points difference) depending on the value of the predictor
28 variable. So, a unit gain in scoots, or any other significant variables, may increase the
29 probability of winning a match more for instances when a team had less scoots than the
30 opposition compared to when they had gained more. In addition to this, the scale is not
31 necessarily linear meaning that simple multiplication would lead to erroneous
32 probability assessments. Taking all of this into consideration the simple probability
33 assessments in relation to “if we improved this variable by one unit we would increase
34 our chances of winning by this amount” only provide meaningful values for
35 dichotomous variables such as scoring first. Scalar variables are far less interpretable
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1 even if you consider it sensible to ignore the fact that the probability values are
2 associated with all other variables remaining unchanged, which in reality is unlikely.
3

4 The analysis of residuals from the logistic regression model highlighted
5 performances which the regression model was unable to correctly predict. The four
6
7 games incorrectly predicted as losses were due to unexpected performance on several
8
9 variables. However, this was, perhaps, unsurprising given that teams can win, even if it
10
11 is by just 1 point, when outperformed on many variables.
12
13
14
15

16 An analysis of possession in Australian professional rugby league found that
17
18 possessions, following an opposition completed set, were least likely to end in a try
19
20 (Kempton, Kennedy & Coutts, 2016). The decision tree analysis suggested that when
21
22 teams were not unevenly matched on metres gained, outperforming the opponents on
23
24 completed sets best increased the chance of success. However, both of these variables
25
26 are “outcome” measures and don’t inform the processes undertaken successfully to
27
28 enable these to happen (cf. James, 2009). For example, completed passes, carries,
29
30 metres gained, play the ball, successful collections and breaks are variables that would
31
32 likely lead to a completed set. From a coaching perspective, it is the processes that lead
33
34 to successful outcomes that are important as these are the things that can be practised
35
36 and improved. This suggests that if stepwise regression approaches are to be used, only
37
38 process variables are used as predictors to avoid outcome measures being retained in the
39
40 model.
41
42
43
44
45
46
47

48 Analysing multiple teams together, as in this study, may provide general rules
49
50 regarding important aspects of the game, but as teams are likely to play with different
51
52 tactical approaches different data gathering methods are needed to elicit these
53
54 differences. For example, a team may be set up to play in a way that requires line breaks
55
56 to be successful, whereas another team might focus on defensive variables. If it is the
57
58
59
60
61
62
63
64
65

1 case that different teams do employ different strategies then putting lots of teams into
2 one analysis, without categorizing appropriately, is bound to deemphasise the
3 importance of a variable since it may only be important to some teams and not to others.
4 This point highlights an important distinction between analyses using large data sets
5 that allow complex analyses but do not inform about individual differences and smaller
6 more focussed data sets that may not be valid for statistical analyses but provide rich
7 qualitative information to inform the coaching process. This dichotomy is the paradox
8 (theory-practice gap) highlighted by Mackenzie and Cushion (2013) and remains
9 elusive.
10
11
12
13
14
15
16
17
18
19
20
21
22

23 **Conclusion**

24 An objective method for identifying KPIs and assessing their worth has been presented
25 in this study using linear and logistic regression as well as decision trees. The results
26 tended to focus on outcome variables related to keeping possession to gain metres.
27
28
29

30 Whilst some process variables were identified as important e.g. successful passes and
31 collections, the reductionist approach of these statistical techniques meant that
32 meaningful performance indicators were removed from the final models. It was also
33 apparent that the ‘theory-practice gap’ alluded to by Mackenzie and Cushion (2013) is a
34 paradox that cannot be solved with large data sets unless more discriminating
35 information relating to both process rather than outcome measures, and related to
36 individual teams, is factored into the analyses. Future studies should investigate the
37 suitability of using a dimension reduction technique e.g. principle component analysis,
38 to identify the relationship between PIs and KPIs, in particular process variables, with a
39 methodology that facilitates the identification of individual team differences.
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

References

- 1
2
3
4 Atkinson, G., and Nevill, A. M. (2001). Selected issues in the design and analysis of
5 sport performance research. *Journal of Sports Sciences*, 19(10), 811-827.
6
7
8
9 Bremner, S., Robinson, G. and Williams, M. (2013). A Retrospective Evaluation of Team
10 Performance Indicators in Rugby Union. *International Journal of Performance*
11 *Analysis in Sport*, 13(2), 461-473.
12
13
14
15
16 Campos, F., Stanganelli, L., Campos, L., Pasquarelli, B. and Gómez, M. (2014).
17 Performance indicators analysis at Brazilian and Italian women's volleyball
18 leagues according to game location, game outcome, and set number. *Perceptual*
19 *and Motor Skills*, 118(2), 347-361.
20
21
22
23
24
25 Carling, C., Wright, C., Nelson, L. and Bradley, P. (2014). Comment on 'Performance
26 analysis in football: A critical review and implications for future research.'
27 *Journal of Sports Sciences*, 32(1), 2-7.
28
29
30
31
32
33 Carroll, R. (2013). Team performance indicators in Gaelic Football and Opposition
34 Effects. *International Journal of Performance Analysis of Sport*, 13(3), 703-715.
35
36
37
38 Castellano, J. and Casamichana, D. (2015). What are the differences between first and
39 second divisions of Spanish football teams?. *International Journal of*
40 *Performance Analysis in Sport*, 15(1), 135-146.
41
42
43
44
45 Castellano, J., Casamichana, D. and Lago, C. (2012). The Use of Match Statistics that
46 Discriminate Between Successful and Unsuccessful Soccer Teams. *Journal of*
47 *Human Kinetics*, 31, 139-147.
48
49
50
51
52
53 Cohen, J. (1992). A power primer. *Psychological bulletin*, 112(1), 155.
54
55
56
57 Courneya, K.S. (1990). Importance of game location and scoring first in college
58 baseball. *Perceptual and Motor Skills*, 71(2), 624-626.
59
60
61
62
63
64
65

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
- Cupples, B. and O'Connor, D. (2011). The Development of Position-Specific Performance Indicators in Elite Youth Rugby League: A Coach's Perspective. *International Journal of Sports Science and Coaching*, 6(1), 125-142.
- Diedrick, E. and Van Rooyen, M. (2011). Line break situations in international rugby. *International Journal of Performance Analysis in Sport*, 11, 522-534.
- Gabbett, T. (2005). Science of rugby league football: a review. *Journal of Sports Sciences*, 23(9), 961-976.
- Gabbett, T. (2014). Effects of physical, technical, and tactical factors on final ladder position in semi-professional rugby league. *International journal of sports physiology and performance*, 9(4), 680-688.
- Gabbett, T., Jenkins, D. and Abernethy, B. (2011). Physical collisions and injury in professional rugby league match-play. *Journal of Science and Medicine in Sport*, 14(3), 210-215.
- Garcia-Rubio, J., Gómez, M., Lago-Peñas, C. and Ibáñez, S. (2015). Effect of match venue, scoring first and quality of opposition on match outcome in the UEFA Champions League. *International Journal of Performance Analysis in Sport*, 15(2), 527-539.
- Gómez, M., Lorenzo, A., Sampaio, J., Ibáñez, S. and Ortega, E. (2008). Game-related statistics that discriminated winning and losing teams from the Spanish men's professional basketball teams. *Collegium Antropologicum*, 32(2), 451-456.
- Graham, J. and Mayberry, J. (2014). Measures of tactical efficiency in water polo. *Journal of Quantitative Analysis in Sports*, 10(1), 67-79
- Harrop, K. and Nevill, A. (2014). Performance indicators that predict success in an English professional League One soccer team. *International Journal of Performance Analysis in Sport*, 14(3), 907-920.

- 1 Higham, D., Hopkins, W., Pyne, D. and Anson, J. (2014a). Performance Indicators
2 Related to Points Scoring and Winning in International Rugby Sevens. *Journal*
3 *of Sports Science and Medicine*, 13(2), 358-364.
4
5
6
7 Higham, D., Hopkins, W., Pyne, D. and Anson, J. (2014b). Patterns of play associated
8 with success in international rugby sevens. *International Journal of*
9 *Performance Analysis in Sport*, 14(1), 111-122.
10
11
12
13
14 Hughes, M., and Bartlett, R. (2002). The use of performance indicators in performance
15 analysis. *Journal of Sports Sciences*, 20(10), 739-754.
16
17
18
19
20 James, N. (2009). Performance analysis of golf: Reflections on the past and a vision of
21 the future. *International Journal of Performance Analysis in Sport*, 9(2), 188-
22 209.
23
24
25
26
27 Jones, M. (2009). Scoring first and home advantage in the NHL. *International Journal*
28 *of Performance Analysis in Sport*, 9(3), 320-331.
29
30
31
32
33 Jones, P., James, N. and Mellalieu, S. (2004). Possession as a performance indicator in
34 soccer. *International Journal of Performance Analysis in Sport*, 4(1), 98-102.
35
36
37
38 Kajmovic, H., Kapur, A., Radjo, I. and Mekic, A. (2014). Differences in Performance
39 between Winners and Defeated Wrestlers in the European Championships for
40 Cadets. *International Journal of Performance Analysis in Sport*, 14(1), 252-261.
41
42
43
44
45 Kempton, T., Kennedy, N. and Coutts, A. (2016). The expected value of possession in
46 professional rugby league match-play. *Journal of Sports Sciences*, 34(7), 645-650.
47
48
49
50
51 Lago, C. (2009). The influence of match location, quality of opposition, and match
52 status on possession strategies in professional association football. *Journal of*
53 *Sports Sciences*, 27(13), 1463-1469.
54
55
56
57
58
59
60
61
62
63
64
65

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65
- Lago-Peñas, C. and Dellal, A. (2010). Ball possession strategies in elite soccer according to the evolution of the match-score: The influence of situational variables. *Journal of Human Kinetics*, 25(1), 93-100.
- Lago-Peñas, C., Lago-Ballesteros, J. and Rey, E. (2011). Differences in performance indicators between winning and losing teams in the UEFA Champions League. *Journal of Human Kinetics*, 27(1), 135-146.
- Mackenzie, R. and Cushion, C. (2013). Performance analysis in football: A critical review and implications for future research. *Journal of Sports Sciences*, 31(6), 639-676.
- Meletakos, P., Vagenas, G. and Bayios, I. (2011). A multivariate assessment of offensive performance indicators in Men's Handball: Trends and differences in the World Championships. *International Journal of Performance Analysis in Sport*, 11(2), 284-294.
- Morgan, P. and Callister, R. (2011). Effects of a preseason intervention on anthropometric characteristics of semi-professional rugby league players. *The Journal of Strength and Conditioning Research*, 25(2), 432-440.
- Najdan, M., Robins, M. and Glazier, P. (2014). Determinants of success in English domestic Twenty20 cricket. *International Journal of Performance Analysis in Sport*, 14(1), 276-295.
- O'Donoghue, P. (2008). Principal components analysis in the selection of key performance indicators in sport. *International Journal of Performance Analysis in Sport*, 8(3), 145-155.
- Ofoghi, B., Zeleznikow, J., MacMahon, C. and Raab, M. (2013). Data mining in elite sports: a review and a framework. *Measurement in Physical Education and Exercise Science*, 17(3), 171-186

- 1
2
3
4
5
6
7 Pratas, J.M., Volossovitch, A. and Carita, A.I. (2016). The effect of performance
8 indicators on the time the first goal is scored in football matches. *International*
9 *Journal of Performance Analysis in Sport*, 16(1), 347-354.
10
11
12 Reep, C. and Benjamin, B. (1968). Skill and chance in association football. *Journal of*
13 *the Royal Statistical Society. Series A (General)*, 131(4), 581-585.
14
15
16 Robertson, S., Back, N. and Bartlett, J. (2016). Explaining match outcome in elite
17 Australian Rules football using team performance indicators. *Journal of Sports*
18 *Sciences*, 34(7), 637-644.
19
20 Robertson, S., Gupta, R. and McIntosh, S. (2016). A method to assess the influence of
21 individual player performance distribution on match outcome in team sports.
22 *Journal of Sports Sciences*, 34(19), 1893-1900.
23
24
25
26
27 Robertson, S. and Joyce, D. (2015). Informing in-season tactical periodisation in team
28 sport: development of a match difficulty index for Super Rugby. *Journal of*
29 *Sports Sciences*, 33(1), 99-107.
30
31
32
33
34 Sampaio, J. and Janeira, M. (2003). Statistical analyses of basketball team performance:
35 understanding teams' wins and losses according to a different index of ball
36 possessions. *International Journal of Performance Analysis in Sport*, 3(1), 40-49.
37
38
39
40
41
42 Scholes, R. and Shafizadeh, M. (2014). Prediction of successful performance from
43 fielding indicators in cricket: Champions League T20 tournament. *Sports*
44 *Technology*, 7(1-2), 62-68.
45
46
47
48
49 Shafizadeh, M., Taylor, M. and Peñas, C. L. (2013). Performance Consistency of
50 International Soccer Teams in Euro 2012: a Time Series Analysis. *Journal of*
51 *Human Kinetics*, 38, 169-177.
52
53
54
55
56 Taylor, J., Mellalieu, S., James, N. and Shearer, D. (2008). The influence of match
57 location, quality of opposition, and match status on technical performance in
58 professional association football. *Journal of Sports Sciences*, 26(9), 885-895.
59
60
61
62
63
64
65

- 1
2 Twist, C., Highton, J., Waldron, M., Edwards, E., Austin, D. and Gabbett, T. (2014).
3 Movement demands of elite rugby league players during Australian national
4 rugby league and European super league matches. *International Journal of Sports*
5 *Physiology and Performance*, 9(6), 925-930.
6
7
8
9
10
11 Vahed, Y., Kraak, W. and Venter, R. (2014). The effect of the law changes on time
12 variables of the South African Currie Cup Tournament during 2007 and 2013.
13 *International Journal of Performance Analysis in Sport*, 14(3), 866-883.
14
15
16
17
18 Villarejo, D., Palao, J., Ortega, E., Gomez-Ruano, M. and Kraak, W. (2015). Match-
19 related statistics discriminating between playing positions during the men's 2011
20 Rugby World Cup. *International Journal of Performance Analysis in Sport*,
21 15(1), 97-111.
22
23
24
25
26
27 Vogelbein, M., Nopp, S. and Hökelmann, A. (2014). Defensive transition in soccer—are
28 prompt possession regains a measure of success? A quantitative analysis of
29 German Fußball-Bundesliga 2010/2011. *Journal of Sports Sciences*, 32(11),
30 1076-1083.
31
32
33
34
35
36
37 Ziv, G., Lidor, R. and Arnon, M. (2010). Predicting team rankings in basketball: The
38 questionable use of on-court performance statistics. *International Journal of*
39 *Performance Analysis in Sport*, 10(2), 103-114.
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

Table 1. Operational definitions of performance variables left in the final analyses.

Variables	Definition
Breaks	The ball carrier breaks the first line of defence
Completed Sets	Where the team in attack reaches their 5th tackle without losing possession of the ball, or scores a try
Dominant carry	The ball carrier gains a dominant position over the defender when engaging in contact
First carry	A carry to gain metres, there has been little attempt to do anything with possession other than to gain territory
Metres gained	Metres gained are calculated from the gain line
Scoot	A carry directly from the play the ball, where no passes are involved
Score first	Whether the team scores the first try or not
Successful collections	A player has secured possession of the ball, when possession is not guaranteed. For example each catch from a pass does not count as a collection
Successful Pass	The pass went to, and was caught cleanly, by its intended target
Support Carry	A carry where the player has supported a previous ball carrier on the same phase of play
Supported Break	The ball carrier has supported a player making an initial break and received the ball continuing the attacking move
Time in possession	A possession is the period of time a team has full control of the ball from receiving the ball until the ball is turned over to the opposition
Total passes	A player has attempted to throw the ball with purpose to a team mate
Successful pass	The pass went to and was caught cleanly by its intended target
Unsuccessful pass	A pass that is intercepted by the opponent, gone forward or results in an error

Table 2: Relative Performance indicators that best predicted match outcome (win/loss) in rugby league

Variables	β (SE)	Odds Ratio	95% Confidence Interval		Probability
			Lower	Upper	
(Constant)	-0.6 (0.4)	0.6			
Score First	1.1 (0.5)*	2.9	1.2	7.1	0.74
Completed Sets	0.5 (0.1)***	1.6	1.4	1.8	0.61
Current season final league position	0.2 (0.1)**	1.2	1.1	1.4	0.54
Successful Collections	0.1 (0.1)	1.1	1.0	1.2	0.52
Dominant Carry	0.1 (0.0)	1.1	1.0	1.2	0.52
Metres Gained	0.0 (0.0)***	1.0	1.0	1.0	0.50
Scoot Metres	0.0 (0.0)*	1.0	1.0	1.0	0.50
Time in Possession	0.0 (0.0)*	1.0	1.0	1.0	0.50
Successful Pass	0.0 (0.0)**	1.0	1.0	1.0	0.49
Scoot	-0.1 (0.0)**	0.9	0.8	1.0	0.45
Previous season final league position	-0.1 (0.1)*	0.9	0.8	1.0	0.44

Note: β is the unstandardized beta coefficient, SE is the standard error, * $p < .05$, ** $p < .01$, *** $p < .001$. Probability is probability of winning (calculation for $OR > 1 = OR / (OR + 1)$); $OR < 1 = OR / 2$).

Table 3: Outliers in Logistic regression model

	Exp.	Outlier 1	Outlier 2	Outlier 3	Outlier 4
Actual match outcome	Home win	Home win (1 pt)	Home win (16 pts)	Home win (4 pts)	Home win (1 pt)
LR predicted outcome	Home win	Away win	Away win	Away win	Away win
Previous season final league position	+	-13	-1	-5	-4
Current season final league position	-	-13	1	-7	-13
Score first	+	No	No	No	Yes
Possession (seconds)	-	65	-99	-328	334
Completed sets	+	4	-6	-4	5
Metres gained	+	-136	-63	-258	-64
Dominant carries	*	-12	2	-13	-15
Successful passes	-	10	-6	-17	60
Successful collections	*	5	-3	-5	-1
Scots	-	1	-16	-20	4
Scot metres	+	-50	-99	-114	20

Note: Exp. are the expected values (negative or positive) according to the logistic regression model.

* indicates that the Beta coefficient confidence intervals were not reliable.

Red indicates values inconsistent with actual match outcome

Table 4: Relative performance indicators that best predicted points difference in rugby league.

Variables	2012 & 2013 Dataset		2014 Dataset	
	$R^2 = 0.865$		$R^2 = 0.874$	
	β (SE)	Confidence Interval Lower Upper	β (SE)	Confidence Interval Lower Upper
(Constant)	-0.9 (0.8)	-2.5 0.6	-1.2 (1.1)	-3.4 1.0
Score First	2.4 (1.1)*	0.4 4.5	3.7 (1.6)*	0.6 6.8
Completed Sets	1.2 (0.1)***	1.0 1.4	1.0 (0.1)***	0.7 1.2
Breaks	0.9 (0.2)***	0.6 1.3	0.9 (0.3)**	0.4 1.4
Current season final league position	0.6 (0.2)***	0.3 0.9	0.3 (0.2)	-0.2 0.7
Supported Breaks	0.4 (0.2)	-0.1 0.8	0.7 (0.4)	0.0 1.4
Unsuccessful pass	0.4 (0.1)**	0.1 0.6	0.2 (0.1)	-0.1 0.5
Metres Gained	0.0 (0.0)***	0.0 0.0	0.0 (0.0)***	0.0 0.0
Total passes	-0.1 (0.0)***	-0.1 -0.1	-0.1 (0.0)**	-0.1 0.0
Cumulative league form	-0.2 (0.1)*	-0.4 0.0	0.1 (0.1)	-0.1 0.4
Scout	-0.2 (0.1)***	-0.3 -0.1	0.0 (0.1)	-0.2 0.1

Note: β is the unstandardized beta coefficient, SE is the standard error, * $p < .05$, ** $p < .01$, *** $p < .001$.

Table 5. List of PIs and KPIs identified by the linear and logistic and their effects on success.

Variables	Logistic Backwards			Linear Backwards			PI/KPI	
	Odds Ratio	Confidence Interval		β	Confidence Interval			
		Lower	Upper		Lower	Upper		
Score first	2.9	1.2	7.1	0.74	2.4	0.4	4.5	KPI
Completed Sets	1.6	1.4	1.8	0.61	1.2	1.0	1.4	KPI
Current season final league position	1.2	1.0	1.3	0.54	0.6	0.3	0.9	KPI
Successful collections	1.1	1.0	1.2	0.52				PI
Dominant carry	1.1	1.0	1.2	0.52				PI
Metres gained	1.0	1.0	1.0	0.50	0.0	0.0	0.0	KPI
Scout metres	1.0	1.0	1.0	0.50				KPI
Time in possession	1.0	1.0	1.0	0.50				KPI
Successful Pass	1.0	1.0	1.0	0.49				KPI
Scout	0.9	0.8	1.0	0.45	-0.2	-0.3	-0.1	KPI
Previous season final league position	0.9	0.8	1.0	0.44				KPI
Breaks					0.9	0.6	1.3	KPI
Supported Break					0.4	-0.1	0.8	PI
Unsuccessful pass					0.4	0.1	0.6	KPI
Total passes					-0.1	-0.1	-0.1	KPI
Cumulative league form					-0.2	-0.4	0.0	KPI

Note: β is the unstandardized beta coefficient. Probability is probability of winning (calculation for $OR > 1 = OR/(OR+1)$; $OR < 1 = OR/2$).

Figure 1

