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Final accepted version (with author's formatting)

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BRIGHT SHADOW
Brighter Quality Care

**"Tetley's Adventures" - An Intergenerational
Arts Project for People Living with Dementia
and Early Years Children**

Rhiannon Lane- Co-Director, Bright Shadow
Dr Trish Hafford-Letchfield, Professor of Social
Care, Middlesex University

Presentation to Dementia Congress Brighton

3/11/2016

Leysf Nurseries
Young minds Big ambitions





Who:

- **Bright Shadow**
 - Themed participatory performance workshops called Zest.
- **London Early Years Foundation**
 - Social Enterprise running 38 community nurseries. This project was with Luton Street Nursery in Westminster.
- **Penfold Street Extra Care Scheme**
 - Part of Nottinghill Housing. Secure dementia unit.
- **Evaluation advice and support**
 - Prof. Trish Hafford-Letchfield – Middlesex University
- **RSA**
 - Funded through Catalyst Scheme





Why?



Leyf Nurseries
Young minds Big ambitions

RSA
Fellowship

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Background

- Growing evidence base for participative arts within health and wellbeing for older adults
- Relatively new so hard to draw comparisons
- Health benefits and social benefits of participative arts
- Intergenerational projects – transfer of knowledge/skills and promotes understanding and community cohesion



The Project

Session No.	Theme	Activities	Numbers Present
1	Great outdoors	Singing songs, morris dancing, hooking ducks, making posies, storytelling	6 older people
2	Great outdoors	Singing songs, morris dancing, hooking ducks, making posies, storytelling	8 children
3	British Seaside	Singing songs, playing with sand, Punch and Judy, Ice cream, Story making	4 older people 4 children
4	Wimbledon	Singing in the rain, balls and balloons Strawberries, Storytelling	5 older people 6 children
5	Circus	Song singing, scarf juggling, candy floss/twizzle sticks, puppets, tight rope	4 older people 7 children
6	Space	Space suits, meteorites, communicating with aliens, storytelling, singing	5 older people 5 children



Evaluation method and process

- Using 'natural' opportunities in course of project work
- Signed and ongoing consent was gained from all participants and their next of kin/guardians
- Verbal feedback from individual members of the group at the end of each workshop collected by the Bright Shadow facilitators in a group round-robin from which brief notes were made.
- The completion of post session reflective evaluation by the session facilitator
- A short recall or reorientation group discussion on the last session noted by the facilitator.
- 10-15 minute interviews with key stakeholders and participants

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Benefits from participant's perspective

- 'Feel good' factors experienced such as social engagement, opportunities to interact and develop friendships and enjoyment.
- Co-participation in activities and decisions during the workshop
- Sense of accomplishment – feeling proud
- Personal or group achievement, contribution to another or wider community
- Sense of self, expressions of self-worth, self-image and feelings during and immediately after the workshop.



Conclusions and recommendations

- The arts element facilitated the intergenerational experience well and was positive for both groups
- The experience contributed to participants' own sense of presence and identity
- Nature of cross agency working means that projects are short which limits the scope of evaluations
- Longer term projects and funding need to be made available to establish the work
- Opportunity to train nursery and care staff to run these types of arts based intergenerational programmes.



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